Public Health Training for Equitable Systems Change (PHESC)
On-Demand Webinar 4: Moving upstream: Working across sectors to decrease health inequities
January 2019

Additional resources
Thank you for completing the PHESC: Moving Upstream: Working across sectors to decrease health inequities On-Demand Webinar. To further your learning, please review the suggested resources and self-reflection questions.

You can register for other webinars in this series by visiting the PHESC page on the NCCDH website. If you have any questions, please contact: nccdh@stfx.ca.

Suggested pre-webinar readings:


Suggested post-webinar readings:


Funding for the Public Health Training for Equitable Systems Change (PHESC) project is provided by the Ontario Ministry of Health and Long-term Care. The views expressed herein do not necessarily represent the views of the Province of Ontario.
Self-reflection questions to incorporate into your professional practice:

1. What opportunities exist within your current role or organization to influence the social determinants of health and health equity (a) within your organization and (b) external to your organization?
2. How do you evaluate community engagement in your organization? What indicators or information do you use to measure success?
3. What are the organizational obstacles to working upstream? How can you shift those obstacles?
4. What initiatives are happening in your community that are focused on the social determinants of health and would benefit from a public health partner?
5. How does your organization currently bring community organizations together to set health equity indicators and targets?
6. How would you characterize your relationships with community partners?
7. What does it look like to engage with communities in an equitable way?
   a. What are you doing?
   b. What is happening?
   c. Who is involved?

Need to refresh? You can register for an on-demand webinar at any time on the NCCDH website.