



National Collaborating Centre
for Determinants of Health
Centre de collaboration nationale
des déterminants de la santé

Public Health Training for Equitable Systems Change (PHESC)

On-Demand Webinar 4: Moving upstream: Working across sectors to decrease health inequities
January 2019

Additional resources

Thank you for completing the PHESC: Moving Upstream: Working across sectors to decrease health inequities On-Demand Webinar. To further your learning, please review the suggested resources and self-reflection questions.

You can register for other webinars in this series by visiting the PHESC page on the NCCDH website. If you have any questions, please contact: nccdh@stfx.ca.

Suggested pre-webinar readings:



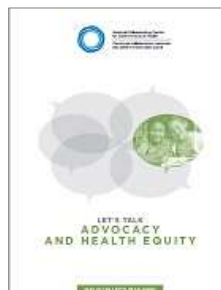
[Ontario Ministry of Health and Long-term Care. \(2018\). *Protecting and Promoting the Health of Ontarians: Ontario Public Health Standards: Requirements for Programs, Services, and Accountability*. Toronto, ON, p. 20-22.](#)



[Ontario Ministry of Health and Long-term Care. \(2018\). *Health Equity Guideline, 2018*. Toronto, ON.](#)



[National Collaborating Centre for Determinants of Health. \(2013\). *Let's Talk: Public Health Roles for Improving Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[National Collaborating Centre for Determinants of Health. \(2013\). *Let's Talk: Advocacy and Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University](#)

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[National Collaborating Centre for Determinants of Health. \(2013\). *Let's Talk: Moving Upstream*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University](#)

Suggested post-webinar readings:



[National Collaborating Centre for Determinants of Health. \(2012\). *Bridging the Gap Between Research and Practice: Empower the Community: New Brunswick's Approach to Overcoming Poverty*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[National Collaborating Centre for Determinants of Health. \(2012\). *Assessing the Impact and Effectiveness of Intersectoral Action on the Social Determinants of Health and Health Equity: An Expedited Systematic Review*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[National Collaborating Centre for Determinants of Health \(2013\). *A Guide to Community Engagement Frameworks for Action on the Social Determinants of Health and Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[National Collaborating Centre for Determinants of Health. \(2014\). *Fostering Health Through Healing: Engaging the Community to Create a Poverty Reduction Strategy in Nunavut*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[Phipps, E., and the National Collaborating Centre for Determinants of Health. \(2018\). *Towards Healthy Homes for All: What the RentSafe Findings Mean for Public Health in Canada*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[RentSafe. \(2018\). *Towards Healthy Homes for All: RentSafe Summary and Recommendations*. Ottawa, ON: Canadian Partnership for Children's Health and Environment.](#)

Self-reflection questions to incorporate into your professional practice:

1. What opportunities exist within your current role or organization to influence the social determinants of health and health equity (a) within your organization and (b) external to your organization?
2. How do you evaluate community engagement in your organization? What indicators or information do you use to measure success?
3. What are the organizational obstacles to working upstream? How can you shift those obstacles?
4. What initiatives are happening in your community that are focused on the social determinants of health and would benefit from a public health partner?
5. How does your organization currently bring community organizations together to set health equity indicators and targets?
6. How would you characterize your relationships with community partners?
7. What does it look like to engage with communities in an equitable way?
 - a. What are you doing?
 - b. What is happening?
 - c. Who is involved?

Need to refresh? You can register for an on-demand webinar at any time on the [NCCDH website](#).

PHESC Project Partners

