



National Collaborating Centre
for Determinants of Health
Centre de collaboration nationale
des déterminants de la santé

Public Health Training for Equitable Systems Change (PHESC)

On-Demand Webinar 6: Racial Health Equity: Embracing a decolonial, anti-racist practice
February 2019

Additional resources

Thank you for completing the PHESC: Racial Health Equity: Embracing a decolonial, anti-racist practice On-Demand Webinar. To further your learning, please review the suggested resources and self-reflection questions.

You can register for other webinars in this series by visiting the PHESC page on the NCCDH website. If you have any questions, please contact: nccdh@stfx.ca.

Suggested pre-webinar readings:



[Ontario Ministry of Health and Long-term Care. \(2018\). *Protecting and Promoting the Health of Ontarians: Ontario Public Health Standards: Requirements for Programs, Services, and Accountability*. Toronto, ON, p. 20-22.](#)



[Ontario Ministry of Health and Long-term Care. \(2018\). *Health Equity Guideline, 2018*. Toronto, ON.](#)



[National Collaborating Centre for Determinants of Health. \(2013\). *Let's Talk: Public Health Roles for Improving Health Equity*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)



[National Collaborating Centre for Determinants of Health \(2018\). *Let's Talk: Racism and Health Equity \(Rev. ed.\)*. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University.](#)

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Suggested post-webinar readings:



[Canadian Public Health Association. \(2018\). *Racism and Public Health: Position Statement*. Retrieved from https://cpa.ca/racism-and-public-health.](https://cpa.ca/racism-and-public-health)



[National Collaborating Centre for Determinants of Health. \(2018\). Key public health resources for anti-racism action: A curated list. Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University](https://www.nccah-ccnsa.ca/anti-racism)



[Sinai Health System. \(2013, November 11\). *Are you an ALLY? Being an Ally to Racialized People* \[video file\]. Retrieved](https://www.youtube.com/watch?v=WpEs2GK3V4A&t=3s)

[from https://www.youtube.com/watch?v=WpEs2GK3V4A&t=3s](https://www.youtube.com/watch?v=WpEs2GK3V4A&t=3s)



[McKenzie, K. \(2017\). *Rethinking the Definition of Institutional Racism*. Toronto, ON: Wellesley Institute. Retrieved from: https://www.wellesleyinstitute.com/publications/rethinking-the-definition-of-institutional-racism/](https://www.wellesleyinstitute.com/publications/rethinking-the-definition-of-institutional-racism/)



[Ford, C. L. & Airhihenbuwa, C. O. \(2010\). Critical race theory, race equity, and public health: Toward antiracism praxis. *American Journal of Public Health, 100* \(Suppl 1\), p. S30-S35.](https://ajph.org/doi/10.2196/ajph.2019.0150)



[National Collaborating Centre for Aboriginal Health. \(no date\). *Aboriginal racism in Canada*. Retrieved from: https://www.nccah-ccnsa.ca/419/Aboriginal Racism in Canada .nccah](https://www.nccah-ccnsa.ca/419/Aboriginal%20Racism%20in%20Canada)

Self-reflection questions to incorporate into your professional practice:

1. How can understanding racism & colonialism make you a more impactful public health actor?
2. How can your organization's commitment to health equity better include racial equity goals?
3. How can your organization create spaces that encourage staff to challenge and examine racism within public health practice and society?
4. What actions can your organization implement to reduce racism?

Need to refresh? You can register for an on-demand webinar at any time on the [NCCDH website](#).

PHESC Project Partners

