RESOURCES AND REFLECTION QUESTIONS

Thank you for your interest in on-demand webinars from the Public Health Training for Equitable Systems Change (PHESC) series. To further your learning BEFORE and AFTER the webinar, we have compiled a list of related readings and reflection questions.

PRE-WEBINAR READINGS


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POST-WEBINAR READINGS


REFLECTION QUESTIONS

1. What are the top five disproportionately and unjustly distributed health inequities in your community?
2. What are the root causes of these inequities?
3. What are some health inequities you are addressing in your work?
4. What are the opportunities in public health practice, research and decision-making to effect change?
5. What are the actions and policies needed at the various levels of government to increase people’s opportunities to be healthy and reduce health inequities?
6. Do your budget allocations reflect a commitment to address health inequity? If no, how could this be changed?
7. What actions are you taking to modify the power dynamics that create ill health?
8. Thinking about the communities that you work with, what are the historical and contemporary processes they have faced, which inhibit their access to resources and power?
9. How do your organizations’ policies, practices and the ways in which resources are distributed, contribute to or challenge systems of oppression?

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